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## Message from Our Staff

Dear TRIO Students,

Welcome to May everyone! As we approach the end of the academic year we are excited to be able to share with you some the plans that we have for summer in this issue of The Achiever.

For many of us, having spent this past month under shelter-in-place orders and dealing with our new realities of working and going to school remotely, it can feel like this situation is never-ending. Do not become discouraged. More than ever it is important that you cultivate a positive mind and attitude so that you emerge from this time even more ready to tackle whatever obstacles you might come to face.

Continue to utilize this time exploring new interests. Stay on top of your school work. Spend time with family. Laugh often. Keep spreading the love and positivity that is desperately needed within our homes and communities. Do not forget that we are here for you and love being able to connect with you!

Humbly yours,  
TRIO Staff

## Summer is Coming What Does that Mean for TRIO?

**Mark your calendars: summer program will begin on Monday, June 8, 2020!**

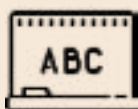
It is undeniable that our summer program is one of the highlights in the TRIO year for staff and students alike - we always have a great time and constantly look forward to it. Given the current situation, we realized that our summer program was going to look vastly different this year. It has taken a lot of planning but we are excited to be able to move forward with our new format for this summer. What exactly will this look like?



Unlike previous summer programs, this year we will be going **completely online**. This will include the students' MJC course, their TRIO classes and tutoring.



To accommodate the shift to an online format, we have extended the length of summer program from 6 weeks to 7 weeks in order to give students more time to complete their work. This means that summer program will run from June 8 - July 23, 2020.



Twice a week, each student will meet one-on-one with one of our tutors to ensure that they are completing their college coursework and also receive assistance with their assignments. Every afternoon, they will have Zoom sessions with their TRIO instructors for their elective courses.



At this time, there are no physical field trips planned for summer. This means there will be no one week residential component. We are planning to have online social and cultural enrichment activities for students to engage with each other and staff outside of the classroom setting.

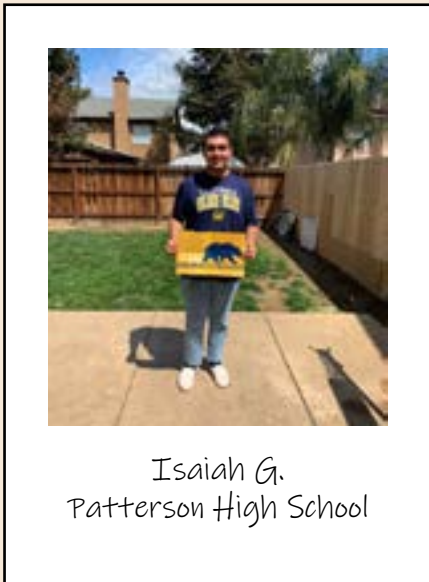
**Student and Parent Orientation will take place on Wednesday, June 3rd 2020 via Zoom - program advisors will follow up with more information.**

We are thankful for the patience of our students and families while we have been going over all of the details of this year's summer program. This is a new process for many of us and should you have any questions we are available to assist however we can.



# Student Spotlights

Thank you to all of the seniors that filled out the survey! Each week during the month of May we're going to be featuring your responses so if you haven't had the chance to fill it out yet it's not too late! We want to celebrate you and your hard work as you all get ready to move on to the next part of your educational journeys! Keep an eye out on our Instagram page for more senior spotlights too!



Isaiah G.  
Patterson High School

**Post-Grad Plans:** "I plan on attending UC Berkeley to study social welfare to become a social worker. I plan on going to grad school as well to get my MSW [master's in social work]."

**Most Looking Forward To:** "I am looking forward to making a change on campus and spreading love and positivity and making a change in people's lives."

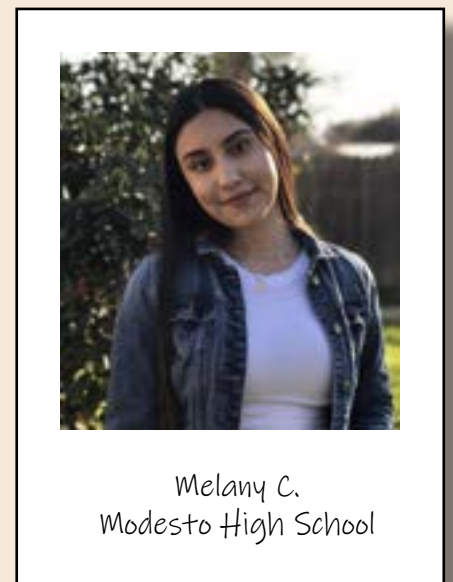
**Advice to Rising Seniors:** "Be confident and don't think you are not smart enough to get to your dream school. Wherever you go you will do your best as long as you put in the effort."



**Post-Grad Plans:** "CSU Stanislaus. I still don't know what to major in yet."

**Most Looking Forward To:** "Learning more about the real world!"

**Advice to Rising Seniors:** "To enjoy every single moment with their friends. Try to attend as many school events possible and to be themselves!"



Melany C.  
Modesto High School



Kristopher R.  
Johansen High School

**Post-Grad Plans:** "I'm going to CSU Stanislaus for a Nursing degree in 4 years then getting a Master's in Nursing in two years by transferring to another UC or CSU."

**Most Looking Forward To:** "I am most looking forward to the freedom that comes with college."

**Advice to Rising Seniors:** "Do not procrastinate on your portals. Stay on top of them and check them consistently. If they don't have something such as financial aid up email and contact them."



Click [here](#) to fill out the survey or scan the QR Code



## #QuarantineCreativity

Each week we're going to be featuring original artwork submitted to us by our students! To have your artwork featured please email Alyssa at [nelsona@yosemite.edu](mailto:nelsona@yosemite.edu)

This week's artwork done by: Alyssa H., Alumni





# Resources Available

We understand that these are difficult times to be in and below we have gathered resources for you to take advantage of should you or your family need to. We will continue to update this list as more resources become known to us.

## Our Office



### Upward Bound Staff

Jorge Camarena - [camarenaj@yosemite.edu](mailto:camarenaj@yosemite.edu)

Maria Ramirez - [ramirezma@yosemite.edu](mailto:ramirezma@yosemite.edu)

### Educational Talent Search Staff

Benjamin Cimoli - [cimolib@yosemite.edu](mailto:cimolib@yosemite.edu)

Alyssa Nelson - [nelsona@yosemite.edu](mailto:nelsona@yosemite.edu)

Yuliana Jimenez - [jimenez@yosemite.edu](mailto:jimenez@yosemite.edu)

### Administrative Staff

April Sanchez - [sanchezm@yosemite.edu](mailto:sanchezm@yosemite.edu)

Elena Bernal - [bernale@yosemite.edu](mailto:bernale@yosemite.edu)

## Educational Resources

### Internet Access

[Available Low Cost Programs](#)

### Academic and Tutoring Resources

[Setting Up Zoom](#)

[Stanislaus County Library](#)

[MCS Distance Learning](#)

[Khan Academy](#)

### Test Preparation

[College Board](#)

[ACT](#)

### College Admissions

[University of California](#)

[California State University](#)

[Modesto Junior College](#)



## Community Resources



### Meal Pick Up for Students

[Ceres Unified School District](#)

[Modesto City Schools District](#)

([click here](#) for Spanish)

[Patterson Unified School District](#)

[Riverbank Unified School District](#)

### Directory for Local Food Pantries

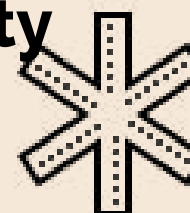
[Stanislaus County 211](#)

### Community Agencies

[Love Our Neighbors](#)

[United Way of Stanislaus County](#)

## Health and Public Safety Information



[Center for Disease Control and Prevention](#)

[California Department of Public Health](#)

[Stanislaus County Public Health Services](#)

### Central Valley Suicide Prevention Hotline

888.506.5991 (24-hour line)

### Suicide Prevention & Crisis Services

800.273.8255 (24-hour line)

**Crisis Text Line: text "COURAGE" To: 741741**

Free 24/7 and Confidential

[Stanislaus County Behavioral Health and Recovery Services Crisis Line](#)

209.558.4600; 888.376.6246 (24-hour line)