



Message from Our Staff

Dear TRIO Students,

We hope you all enjoyed the long weekend! These past two months have flown by and we can't believe that this is already the eighth issue of The Achiever. Thank you for all of the positive feedback and contributions. Without any of you, we would not be able to make any of this happen.

This week our staff will be leading and participating in trainings to get ready for the kick-off of our summer program. Don't forget that orientation will take place next week on Wednesday, June 3rd via Zoom.

We continue to wish for the health and safety of all of our students and their families. As always, should you need anything please do not hesitate to reach out to your program advisors or check out our resource page.

Keep staying positive TRIO! You all are amazing and we love and miss you.

Humbly yours,

TRIO Staff

Taking Advantage of Summer: College Checklists for Each Grade

Along with all of the fun and relaxation that summer offers (no classes, sleeping in, time with friends) it is also a great time to explore your future and make small preparations for the upcoming year. Taking some time out of your summer can help you be prepared academically and feel less intimidated at the beginning of the next school year.

Summer Before Freshman Year:

9

Start reviewing A-G and college requirements and compare them to the classes your school offers. When you meet with your TRIO advisor in Fall, you will be able to plan the classes you'll take for the next four years. Also take time to think about what you want your high school experience to look like and list possible extracurriculars you want to get involved with.

Summer Before Sophomore Year:

10

Now is a great time to start doing some career exploration. What subjects in school interested you the most and what careers could possibly come from them? If you know someone in that career field, consider reaching out and asking them questions about their job.

Summer Before Junior Year:

11

Some students will begin working the summer before their junior year. This is a great way to begin saving for college. Job or no job, this summer is the time to start making a tentative college list and seriously consider what you're looking for in a school.

Summer Before Senior Year:

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The summer before senior year is when students should start gathering materials for their college applications. Creating a brag sheet of their accomplishments and extracurriculars will be useful when the application process begins. Many universities will release their personal essay prompts by late July (the UC personal prompts already posted!) and you can begin working on your personal essays early. Prepping early will hopefully help with the onset of senioritis.

DID YOU KNOW?

In response to the COVID-19 pandemic, the CSU and UC systems have suspended their ACT & SAT testing requirements. The UC has suspended the testing requirement for all California freshman applicants until the Fall of 2024 and the CSU has suspended until Spring of 2022.

For more information about the CSU [click here](#).
For more information about the UC [click here](#).



Student Spotlights

Advice to Rising Seniors

DO YOUR BEST IN SCHOOL AND NEVER BE LAZY BECAUSE IF YOU DO YOU WON'T GET ANYWHERE.

MANUEL L.
MJC, FIRE SCIENCE

STAY ON TASK AND DO NOT PROCRASTINATE!

ANTONIO A.
MJC, CRIMINAL JUSTICE

TAKE ADVANTAGE OF EVERY OPPORTUNITY, BE INVOLVED, APPLY TO AS MANY SCHOLARSHIPS AND POSSIBLE SCHOOLS AND DON'T PROCRASTINATE

JENNIFER S.
MJC, BUSINESS ADMINISTRATION

PLAN AHEAD SO THAT NOT EVERYTHING IS DONE LAST MINUTE IN A PANIC. ALSO, DON'T BE AFRAID TO ASK A QUESTION IF YOU'RE CONFUSED.

KEILA A.
CSU, BUSINESS ADMIN.

GIVE IT YOUR ALL BECAUSE SENIOR GRADES MATTER. SCHOOL COMES FIRST BUT ENJOY YOUR LAST YEAR BECAUSE YOU WILL HAVE THOSE MEMORIES FOREVER.

IORELLA B.R.
STAN STATE, NURSING

DON'T LET SENIORITIS GET TO YOU..TOO MUCH. APPLY TO A LOT OF COLLEGES SO YOU CAN HAVE MANY POST-GRAD OPTIONS

BRIAN R.
UC DAVIS, NPB

STAY ON TOP OF EVERY DEADLINE AND DO NOT STRESS ABOUT THE FUTURE

FATIMA A.
CSU EAST BAY
PSYCHOLOGY

STAY IN SCHOOL, DO YOUR BEST AND WORK ON YOURSELF

ROBERT O.
MJC, POLI. SCI.

MAKE SURE TO HAVE FUN AND STAY VERY CONCENTRATED SO THAT YOU CAN FINISH OFF YOUR LAST YEAR OF HIGH SCHOOL STRONG

MARIBEL E.
UC, PSYCHOLOGY

CONTINUE TO WORK HARD AND START TO THINK ABOUT YOUR PLANS AFTER HIGH SCHOOL AS SOON AS POSSIBLE.

JUAN V.
UC MERCED,
MECH. ENGINEERING

DON'T PROCRASTINATE AND FOCUS ON YOUR EDUCATION FIRST

CESAR G.
STAN STATE
BUSINESS ADMIN.

ENJOY YOUR SENIOR YEAR TO THE FULLEST!

RAFAEL ROMERO T.
CSU, MATHEMATICS

#QuarantineCreativity

Each week we're going to be featuring original artwork submitted to us by our students and alumni! To have your artwork featured please email Alyssa at nelsona@yosemite.edu

This week's artwork done by: Anonymous





Resources Available

We understand that these are difficult times to be in and below we have gathered resources for you to take advantage of should you or your family need to. We will continue to update this list as more resources become known to us.

Our Office



Upward Bound Staff

Jorge Camarena - camarenaj@yosemite.edu

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Educational Talent Search Staff

Benjamin Cimoli - cimolib@yosemite.edu

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Administrative Staff

April Sanchez - sanchezm@yosemite.edu

Elena Bernal - bernale@yosemite.edu

Educational Resources

Internet Access

[Available Low Cost Programs](#)

Academic and Tutoring Resources

[Setting Up Zoom](#)

[Stanislaus County Library](#)

[MCS Distance Learning](#)

[Khan Academy](#)

Test Preparation

[College Board](#)

[ACT](#)

College Admissions

[University of California](#)

[California State University](#)

[Modesto Junior College](#)



Community Resources



Meal Pick Up for Students

[Ceres Unified School District](#)

[Modesto City Schools District](#)

([click here](#) for Spanish)

[Patterson Unified School District](#)

[Riverbank Unified School District](#)

Directory for Local Food Pantries

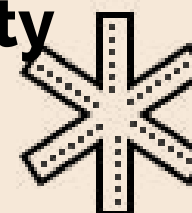
[Stanislaus County 211](#)

Community Agencies

[Love Our Neighbors](#)

[United Way of Stanislaus County](#)

Health and Public Safety Information



[Center for Disease Control and Prevention](#)

[California Department of Public Health](#)

[Stanislaus County Public Health Services](#)

Central Valley Suicide Prevention Hotline

888.506.5991 (24-hour line)

Suicide Prevention & Crisis Services

800.273.8255 (24-hour line)

Crisis Text Line: text "COURAGE" To: 741741

Free 24/7 and Confidential

[Stanislaus County Behavioral Health and Recovery Services Crisis Line](#)

209.558.4600; 888.376.6246 (24-hour line)